

EL-ANA Profiles TM

An enzyme immunoassay for the measurement of autoantibodies directed against the following antigens: SSDNA, dsDNA, Sm, RNP/Sm, SSA (Ro), SSB (La)^{HR}, Chromatin, Scl-70, Centromere^{HR}, Jo-1, Histone, and Ribosomal Protein P

For professional/prescription use only

Instruction Manual

Catalog Nos:

105-002 (EL-ANA/4 TM , 2 plate Kit)	105-005 (EL-ANA/4 [™] , 5 plate Kit)
102-005 (EL-ANA/7 TM , 5 plate Kit)	104-113 (EL-Chromatin™ Kit)
104-005 (EL-ANA/9 TM , 5 plate Kit)	104-111 (EL-Centromere™ Kit)
104-101 (EL-ssDNA TM Kit)	104-201 (EL-dsDNA TM Kit)
104-301 (EL-SSA TM Kit)	104-401 (EL-SSB TM Kit)
104-501 (EL-Sm TM Kit)	104-601 (EL-RNP/Sm TM Kit)
104-701 (EL-Histone TM Kit)	104-801 (EL-Scl-70 TM Kit)
104-901 (EL-Jo-1™ Kit)	104-110 (EL-Ribo P™ Kit)

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INTRODUCTION

Name: TheraTest EL-ANA ProfilesTM



Intended Use:

"The EL-ANA ProfilesTM," is an in vitro diagnostic test for the detection and measurement of autoantibodies directed against the following autoantigens: single-stranded DNA (ssDNA), double-stranded DNA (dsDNA), Sm, RNP/Sm, SSA (Ro), SSB (La), Histone, Scl-70, Jo-1, Ribosomal Protein P, Centromere, and Chromatin (Nucleosomes). This test system is intended as an aid in diagnosis of systemic lupus erythematosus, Sjögren's syndrome, progressive systemic sclerosis (scleroderma), drug-induced lupus and polymyositis.

Summary and Explanation of the Test

Autoantibodies against nuclear constituents are used for the diagnosis of rheumatic diseases. Antibodies against native or dsDNA occur predominantly in Systemic Lupus Erythematosus (SLE) and are included in the diagnostic criteria for SLE. Anti-ssDNA antibody, when present at high levels, is an indicator of active SLE.² However, lower levels are observed in chronic inflammatory and infectious diseases. 16 The presence of autoantibodies to Sm is considered a marker for SLE and is included in the diagnostic criteria for SLE. Anti-RNP antibody, when present in serum alone at high levels, is diagnostic for Mixed Connective Tissue Disease (MCTD).³ Anti-RNP, when detected at lower levels, particularly in conjunction with other autoantibodies, is observed in the serum of patients with Progressive Systemic Sclerosis, Sjögren's Syndrome, and Rheumatoid Arthritis. In SLE patients, autoantibodies to RNP are associated with a lower incidence of renal dysfunction and with relatively benign disease, while patients with anti-Sm have a higher incidence of renal and central nervous system disease.4 Auto-antibodies to both SSA and SSB are observed in the sera of patients with SLE,⁵ and in Sjögren's Syndrome.⁶ Anti-SSA is frequently detected in ANA-negative patients (i.e., subacute cutaneous LE). Some of these ANA-negative patients have antibodies to ssDNA. Furthermore, anti-SSA is present in a subset of patients with nephritis who lack anti-dsDNA. Anti-Scl-70 is frequently associated with Scleroderma, but is also present in a minority of patients with active SLE.^{9,12} Anti-Histone, although frequently observed in idiopathic SLE, are also observed in patients with drug-induced LE. The presence of only anti-ssDNA and anti-Histone is suggestive of drug-induced LE. Anti-Jo-1 antibodies, directed toward histidyl-tRNA synthetase, are found in a subset of patients with connective tissue disease that have either polymyositis, dermatomyositis or myositis with another rheumatic disease. ^{17,18} Anti-Ribosomal Protein P antibodies (anti-Ribo P) are highly specific serologic markers for SLE since they are not usually detected in other autoimmune, infectious or neoplastic diseases.¹⁹ Anti-centromere antibodies are detected mainly in a subset of patients with progressive systemic sclerosis (scleroderma). Anti-chromatin antibodies are detected with high frequency in SLE and drug-induced LE, but with relatively low frequency in other autoimmune diseases and are reported to be valuable indicators of disease activity. 21,22 For druginduced lupus, the sensitivity reported in some studies is as high as 100%. Autoantibodies may be present with a great deal of variability in patients with SLE and in other connective tissue diseases. Therefore, it has become clinically relevant to determine the panel of autoantibodies present in the serum of each patient.¹²

Most autoimmune diagnostic kits detect a single type of autoantibody; a distinction between the presence of IgG and IgM autoantibodies generally is not possible. Although a number of attributes contribute to pathogenicity of autoantibodies (e.g., class, avidity, charge, complement fixation), IgG and not IgM autoantibodies are more clearly linked to pathogenesis in these connective tissue disorders. Therefore IgG antibodies warrant measurement. The EL-ANA Profiles test system

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provides an IgG autoantibody profile by simultaneously testing for as many as nine of the most clinically relevant autoantibodies in various combinations (anti–ssDNA, -dsDNA, -Sm, -RNP/Sm, -SSA, -SSB, -Chromatin, -Scl-70, and -Centromere) identified in Rheumatology today. The system can be further expanded to test for three additional autoantibodies (anti–Jo-1, -Histone, and – Ribosomal Protein P) by using single antigen kits.

Method Description

EL-ANA ProfilesTM kits are enzyme immunoassays with a 96-well plate format. Antigen precoated microplate wells are incubated with Calibrator, Controls, and serum Specimens. The antigens are from thymus (calf or rabbit): ssDNA, Sm, RNP/Sm, SSA, Histone, Scl-70, Ribosomal Protein P, Jo-1 and Chromatin; human recombinant: Centromere (protein B) and SSB. The presence of human recombinant is marked on the box label and plate label with HR superscript. The dsDNA is from bacteriophage lambda. During the incubation, antibody present in the test sample binds to the coated wells. The wells are washed to remove unbound antibodies and horseradish peroxidase labeled goat anti-human IgG is incubated in the wells. The wells are washed again to remove unbound conjugate. As a final step, chromogen is added and autoantibodies are measured using a spectrophotometric plate reader.

REAGENTS

For specific kit reagents, refer to <u>Materials and Reagents Supplied with Each Kit</u> under the PROCEDURE section.

Each EL-ANA kit consists of Autoantibody Specific Reagents (antigen-coated wells, Controls, Calibrators, and IgG Enzyme Conjugate) plus General Immunoassay Reagents, and a resealable pouch.

General Reagents

1. Specimen Diluent

Phosphate buffer containing protein, stabilizer, preservative and yellow dye.

2. Wash Buffer (10X)

10X concentrated buffer containing preservative.

3. Chromogen

A ready to use solution containing both the peroxide substrate of Horseradish Peroxidase (HRP) and 3,3',5,5'-tetramethylbenzidine (TMB) as chromogenic indicator. Protect from light.

4. Stop Reagent

Phosphoric Acid (2 mol/L).

Conjugate

1. IgG Enzyme Conjugate (Tracer)

Anti-human IgG (Fcγ specific) conjugated with horseradish peroxidase, containing preservative and green dye.

Controls

1. Positive Control*

- **a.** ANA/4, ANA/7, and ANA/9 kits Human sera containing antibodies to the following antigens: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Chromatin, Scl-70, and Centromere and preservative.
- **b.** Single antigen kits Kit specific human sera containing antibodies to the nominal antigen: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Jo-1, Centromere, Ribosomal Protein P, or Chromatin, and preservative.

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2. Negative Control*

Normal human serum, with preservative.

3. Calibrators*

ANA/4, ANA/7, ANA/9 and all of the following Single Antigen Kits: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Chromatin, Jo-1, Ribosomal Protein P, and Centromere contain antigen-specific Calibrators (ready-to-use) containing prediluted human serum with preservative.

* Reagents containing sodium azide.

Coated Wells

All wells are for single-use only.

Wells are printed to indicate the coated antigen present: ssDNA, dsDNA, Sm, RNP/Sm (RNP), SSA, SSB, Histone (His), Scl-70, Jo-1, RPP, Centromere (Cm), and Chromatin (Chr).

Blank	BL
ssDNA	ssDNA
dsDNA	dsDNA
Sm	Sm
RNP/Sm	RNP
SSA	SSA
SSB	SSB
Histone	His
Sc1-70	Sc170
Jo-1	Jo-1
Ribosomal Protein P	RPP
Centromere	Cm
Chromatin	Chr

1. EL-ANA/4 Coated Wells

Each metalized pouch contains 12 columns of wells in a frame and a desiccant. Each column contains one blank well (Specimen Blank) and one each of the following antigen coated wells: ssDNA, dsDNA, RNP/Sm, and Chromatin.

2. EL-ANA/7 Coated Wells

Each metalized pouch contains 12 columns of wells in a frame and a desiccant. Each column contains one blank well (Specimen Blank) and one each of the following antigen coated wells: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, and Chromatin.

3. EL-ANA/9 Coated Wells

Each metalized pouch contains 8 rows of wells in a frame and a desiccant. Each row contains one blank well (Specimen Blank) and one of each of the following antigen-coated wells: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Chromatin, Scl-70, and Centromere.

4. Single Antigen Coated Wells

Single Antigen Kits – Each metallized pouch contains wells coated with one of the following antigens: ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Jo-1, Ribosomal Protein P, Centromere, or Chromatin and a desiccant.

5. Blank Wells

Single Antigen Kits – Each metallized pouch contains 8x12 blank wells and a desiccant.

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WARNINGS AND PRECAUTIONS



Reagents Containing Human Source Material

Treat as potentially infectious.



Each serum/plasma donor unit used in the preparation of this product has been tested by an FDA approved method and found non-reactive for the presence of HBsAg, antibody to HCV and antibody to HIV-1 / HIV-2. While these methods are highly accurate, they do not guarantee that all infected units will be detected. This product may also contain other human source material for which there is no approved test. Because no known test method can offer complete assurance that hepatitis B virus, hepatitis C virus (HCV), Human Immunodeficiency Virus (HIV) or other infectious agents are absent, all products containing human source material should be handled in accordance with good laboratory practices using appropriate precautions as described in the Centers for Disease Control and Prevention/National Institutes of Health Manual, "Biosafety in Microbiological and Biomedical Laboratories," 4th Edition, 1999. U.S. GPO. http://bmbl.od.nih.gov/

Stop Reagent (Phosphoric Acid, 2 mol/L) Categorized as Corrosive!

May cause severe burns on contact with skin. Do not get in eyes, on skin, or on clothing. Do not ingest or inhale fumes. On contact, flush with copious amounts of water for at least 15 minutes.

Hazardous Substance Risk & Safety Phrases

R34 - Causes burns.

S26 – In case of contact with eyes, rinse immediately with plenty of water and seek medical advice.

S36/37/39 – Wear suitable protective clothing, gloves and eye/face protection.

S45 - In case of accident or if you feel unwell, seek medical advice immediately (show label where possible).

Chromogen Categorized as an Irritant

This product contains 3,3',5,5'-tetramethylbenzidine (TMB) (≤0.05%), a peroxidase chromogenic co-substrate which has not shown mutagenic or carcinogenic effects in laboratory experiments.²³

Hazardous Substance Risk & Safety Phrases

R36/37/38 - Irritating to eyes, respiratory system, and skin. Avoid inhalation and direct contact.

S24/25 – Avoid contact with skin or eyes.

S26 – In case of contact with eyes, rinse immediately with plenty of water and seek medical advice.

S36 – Wear suitable protective clothing.

S51 – Use only in well-ventilated areas.

Reagents Containing Sodium Azide

Calibrators and Controls contain sodium azide which can react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush drain with large quantities of water to prevent azide build-up.

Hazardous Substance Risk & Safety Phrases:

R22 - Harmful if swallowed.

R36/37/38 - Irritating to eyes, respiratory system, and skin. Avoid inhalation and direct contact.

S26 - In case of contact with eyes, rinse immediately with plenty of water and seek medical advice.

S28 - After contact with skin, wash immediately with plenty of water.

S36/37/39 - Wear suitable protective clothing, gloves and eye/face protection

S46 - If swallowed, seek medical advice immediately and show this container label.

Reagents Containing ProClin 300®

May cause allergic reactions. Avoid prolonged contact with skin. Wash thoroughly after handling.

General Precautions and Information

1. Specimen Diluent, Wash Buffer, Chromogen, and Stop Reagent are interchangeable among the EL-ANA kits. All other reagents are kit and lot specific and therefore not interchangeable.

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- 2. The Stop Reagent can irritate eyes and mucous membranes.
- 3. Do not allow Chromogen to come in contact with metal or oxidizing agents.
- 4. Handle patient sera and kit reagents with appropriate precautions. Do not pipette by mouth.
- 5. Work in a well ventilated area when using kit reagents.
- **6.** Do not use test components beyond expiration date.
- 7. Avoid microbial contamination of the reagents. If solutions become turbid, they should not be used.
- **8.** Avoid exposure of reagents to excessive heat or light during storage.
- **9**. Use disposable labware or wash all glass and plastic thoroughly according to standard laboratory practice.
- **10.** Dispose of containers and unused kit reagents in accordance with local regulatory requirements.

STORAGE AND HANDLING

- 1. Store all reagents at 2-8°C when received. Avoid freezing reagents.
- 2. All reagents must be brought to room temperature (18-25°C) for 30 minutes prior to use.
- **3.** Avoid direct sunlight.
- **4.** When stored at 2-8°C, the 1X Wash buffer is stable for 8 weeks and the 10X Wash concentrate is stable until date of kit expiration.

SPECIMEN REQUIREMENTS

Collection and Storage of Serum

A whole blood Specimen should be obtained using acceptable medical techniques to avoid hemolysis. Hemolysis does not affect the final results when Specimen Blanks are used. However, when Diluent Blanks are used normal values may become equivocal (See EXPECTED VALUES-Autoantibody Units.) The blood should be allowed to clot and the serum separated by centrifugation (~2000 rpm / 500xg). Unseparated blood can be stored at 18-25°C for 24 hours before the separation of serum. The test serum should be clear, i.e., without cells. Serum samples may be stored at 2-8°C for up to 14 days prior to testing. Allow serum samples to equilibrate to room temperature (18-25°C) prior to testing. Freeze-thawing of sera may result in variable loss of autoantibody activity. Testing of heatinactivated serum is not recommended.

PROCEDURE

Before starting the assay, read the product insert carefully. Instructions should be followed exactly as they appear in this kit insert to ensure valid results.

Materials and Reagents Supplied with each Kit

EL-ANA/4 kits	2 Plate
Number of tests	24 x 4 (antigens)
Specimen Diluent	1 x 100 mL
Wash Buffer (10X)	1 x 100 mL
IgG Enzyme Conjugate	1 x 27 mL
Chromogen	1 x 27 mL
Stop Reagent	1 x 27 mL
Positive Control	1 x 0.35 mL
Negative Control	1 x 0.35 mL
Calibrators	5 x 1.5 mL

EL-ANA/4 kits	5 Plate
Number of tests	60 x 4 (antigens)
Specimen Diluent	1 x 100 mL
Wash Buffer (10X)	2 x 100 mL
IgG Enzyme Conjugate	2 x 27 mL
Chromogen	2 x 27 mL
Stop Reagent	2 x 27 mL
Positive Control	1 x 0.35 mL
Negative Control	1 x 0.35 mL
Calibrators	5 x 1.5 mL

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EL-ANA/7 kits	5 Plate
Number of tests	60 x 7 (antigens)
Specimen Diluent	100 mL
Wash Buffer (10X)	2 x 100 mL
IgG Enzyme Conjugate	2 x 27 mL
Chromogen	2 x 27 mL
Stop Reagent	2 x 27 mL
Positive Control	0.35 mL
Negative Control	0.35 mL
Calibrators	8 x 1.5 mL

EL-ANA/9 kits	5 Plate
Number of tests	40 x 9 (antigens)
Specimen Diluent	100 mL
Wash Buffer (10X)	2 x 100 mL
IgG Enzyme Conjugate	2 x 27 mL
Chromogen	2 x 27 mL
Stop Reagent	2 x 27 mL
Positive Control	0.35 mL
Negative Control	0.35 mL
Calibrators	10 x 1.5 mL

Single Antigen Kit	1 Plate Blanks + 1
	Plate Antigens
Number of tests	96 (antigen)
Wells with antigen	1 x 96
Blank wells	1 x 96
Specimen Diluent	100 mL
Wash Buffer (10X)	100 mL
IgG Enzyme Conjugate	27 mL
Chromogen	27 mL
Stop Reagent	27 mL
Positive Control	0.35 mL
Negative Control	0.35 mL
Calibrators	2 x 1.5 mL

Note: A resealable pouch is included in each kit.

Materials Required but not Provided

In addition to the reagents supplied, the following materials are required:

- 1. Calibrated micropipettors (with disposable plastic tips) that deliver 10 μ L and 100 μ L
- 2. Calibrated adjustable multichannel pipettors, 50-300 μL (8- or 12-channel)
- 3. Pipette tips (disposable)
- **4.** Deionized or distilled water
- 5. Test tubes (12 x 75 mm) or 1.2 mL minitubes
- **6.** Timer
- 7. Pipettes (1 mL, 5 mL, and 10 mL)
- **8.** Pipette reagent reservoirs
- **9.** Single (450 nm) or dual (450 nm test, 620-690 nm reference) wavelength spectrophotometer (ELISA reader) for 96 well microtiter plates
- 10. Clean wash bottle and automated plate washer (optional).
- 11. Absorbent paper towels for blotting washed plates

Reagent Preparation

1. EL-ANA/4 Coated Wells

The frame is comprised of 12 columns (labeled 1 through 12; see enclosed Data Sheet for plate setup). Each column has five wells positioned A through E. The wells in row A are designated as

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specimen blanks. The wells in rows B through E are antigen-coated wells (as labeled). Designate specific columns for Calibrators, Controls, and Specimens (use the Data Sheet as a guide).

2. EL-ANA/7 Coated Wells

The frame is comprised of 12 columns (labeled 1 through 12; see enclosed Data Sheet for plate setup). Each column has eight wells positioned A through H. The wells in row A are designated as specimen Blanks. The wells in rows B through H are antigen-coated wells (as labeled). Designate specific columns for Calibrators, Controls, and Specimens (use the Data Sheet as a guide).

3. EL-ANA/9 Coated Wells

The frame is comprised of 8 rows (labeled A through H; see enclosed Data Sheet for plate setup). Each row has ten wells positioned 1 through 10. The wells in column 1 are designated as Specimen Blanks. The wells in columns 2 through 10 are antigen-coated wells (as labeled). Designate specific rows for Calibrators, Controls, and Specimens (use the Data Sheet as a guide).

4. Single Antigen Kits Coated Wells

The entire strip of break-apart wells may be employed or individual wells may be used as desired. An example for distributing the antigen-coated wells and blank wells is shown on the Data Sheet. For each Specimen tested, place one antigen-coated well and one blank well in the frame. If the Specimen Diluent Blank method is used, please follow the layout C on the Data Sheet included in the kit.

5. 1X Wash Buffer

Dilute the 10X Wash Buffer 1:10 prior to use, in CAP Type 1 water or equivalent, in a graduated cylinder; mix solution thoroughly. Prepare 1X Wash Buffer when needed and store remaining at 2-8°C. The diluted Wash Buffer is stable for 8 weeks at 2-8°C. Note: Check the 10X Wash Buffer for crystals prior to use; if crystals are present, warm bottle at 37°C until crystals dissolve.

- 6. IgG Enzyme Conjugate and the Chromogen are ready for use.
- 7. Calibrators: ANA/4, ANA/7, ANA/9, Single Antigen Kits (ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Chromatin, Jo-1, Ribosomal Protein P, and Centromere) All Calibrators are prediluted and ready for use. Do <u>not</u> dilute further.

Note: The Units for the Calibrator(s) are given on the Data Sheet, are kit lot number specific, and must be used in calculating the Unit values for the Controls and test Specimens. The acceptable absorbance ranges for each Calibrator are reported on the enclosed Data Sheet.

Assay Procedure (see Procedural Comments below)

- 1. Allow all reagents and patient sera to equilibrate to room temperature (18-25°C). Upon removal from 2-8°C storage, the plate should equilibrate to room temperature in its sealed metallized pouch to protect wells from condensation.
- 2. Prepare 1X Wash Buffer as described in Reagent Preparation section.
- 3. Using dilution tubes, dilute controls and patient Specimens 1:101 and mix without foaming until homogeneous; e.g. add 10 μ L of serum to 1 mL of specimen diluent, or add 11 μ L of serum to 1.1 mL of specimen diluent for ANA/9.
- **4**. Select the appropriate plate format, cut open the metalized pouch, and remove the appropriate number of strips. Return any remaining strips to the pouch with the desiccant and then place into the resealable pouch. Carefully reseal pouch and refrigerate.

<u>Note:</u> Panel assays (e.g., ANA/7 or ANA/9) are always run with Specimen Blanks, which are built into the preformatted plate. Single antigen assays (e.g., anti-dsDNA, anti-Sm, anti-SSA, etc.) can be performed in two different modes, as shown in the layout on the Data Sheet.

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<u>Mode 1</u> for high precision: Blank wells are provided for each Specimen (Specimen Blank). For this method, heavy hemolysis does not affect the results.

<u>Mode 2</u>: The Blank is generated by adding Specimen Diluent to an antigen-coated well (Specimen Diluent Blank). For this method, the Ribosomal Protein P and Chromatin tests may be affected by heavy hemolysis. The absorbance value for the Specimen Diluent Blank is relatively consistent (e.g., 0.05 - 0.08) whereas the values for the Specimen Blanks are individual and may vary (0.04 to 0.3, rarely higher). Such variance may affect the values close to the cut-off for normals.

5. Loading the plate.

ANA/4, ANA/7, ANA/9, Single Antigen Kits (ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Chromatin, Jo-1, Ribosomal Protein P, and Centromere).

<u>Mode 1</u> with <u>Specimen Blanks</u>. Pipette 100 μ L of Calibrator, diluted Positive Control, diluted Negative Control, and diluted test Specimens into the appropriate blank wells and antigen-coated wells. (See Reagent Preparation section for dilutions.)

Mode 2 with Diluent Blank. Pipette 100 μL of the Specimen Diluent, Calibrator, diluted Positive Control, diluted Negative Control, and diluted test Specimens into the antigencoated wells. (Use the layout C shown on the Data Sheet accompanying the single antigen kit).

Note: For each plate, all Specimens must be pipetted within 5 minutes.

- **6.** Incubate the wells for 30-35 minutes at room temperature (18-25°C).
- 7. Discard well contents by aspirating the fluid or "flicking" the plate over a sink designated for disposal of biohazardous waste.
- 8. Wash wells 3 times. Fill all wells with 1X Wash Buffer (~300 μL per well). Empty wells by aspiration or by "flicking" the plate over a sink. Repeat wash cycle two more times for a total of three washes. A semi-automated plate washer may be used in place of a manual wash. In either case, after the last wash remove all residual liquid from the wells by inverting and blotting the plate on absorbent paper.
- 9. Immediately pipette 100 µL of anti-IgG Enzyme Conjugate (Tracer) into all wells.
- **10.** Incubate plate for 30-35 minutes at room temperature (18-25°C).
- 11. Discard Enzyme Conjugate (Tracer) from wells and wash plate as described in step 7.
- 12. Immediately pipette 100 μ L of Chromogen into all wells. Incubate at room temperature (18-25°C) for 15±1 minutes.
- 13. Pipette 100 μ L of Stop Reagent into all wells and mix by gently tapping the plate. The color will change from blue to yellow.
- **14.** Measure the absorbance of each well at 450 nm. Absorbance values should be measured within 30 minutes of completing the assay. If a dual wavelength ELISA reader is used, set the test wavelength at 450 nm with the reference between 620 and 690 nm.

Procedural Comments

1. Storage

The wells that are not used during the assay should be promptly placed in the metallized pouch with desiccant, then sealed into the resealable pouch and stored at 2-8°C.

2. Washing

Each column of wells may be washed using a multichannel pipettor or a repetitive pipettor. The fluid in the wells may be removed by aspiration or by "flicking" the plate over a disposal sink. Alternatively, commercial semi-automated washing systems may be used. When using either washing technique, the wells should be blotted thoroughly on absorbent paper after the last wash. Attention: Incomplete washing of wells may lead to decreased precision.

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3. Pipetting

To avoid cross-contamination and sample carryover, the Positive Control, Negative Control, Calibrators and test Specimens MUST be pipetted with separate pipette tips. When testing multiple Specimens, a calibrated multichannel pipettor should be used to pipette the anti-IgG Enzyme Conjugate, Wash Buffer, Chromogen and Stop Reagent. Use of plugged tips (also called filter tips or barrier tips) will help prevent false positive results.

4. Measurement of Absorbance Values

Absorbance values should be measured within 30 minutes after completion of assay. If an absorbance value exceeds the limit of detection for the instrument, an approximate value may be obtained by one of two methods:

- **a.** Dilute the developed well with deionized or distilled water to bring the absorbance value within the capacity of the reader. Multiply the measured value by the dilution factor. LIMITATION: Patient antibody levels may exceed the available antigenic sites of the well.
- **b.** Repeat the assay, testing the Specimen at a 1:1010 dilution (or greater dilution) in Specimen Diluent. Multiply the measured Unit value by the additional dilution factor beyond 1:101 (i.e., Unit value x 10 for 1:1010 dilution). LIMITATION: Approximation of measurement is subject to the intrinsic nonlinearity of (diluted) serum antibodies.

QUALITY CONTROL

1. Analysis of Values for Specimen Blank or Specimen Diluent Blank

If the Specimen Blank absorbance values for Calibrator(s), Positive Control(s), Negative Control(s) and for multiple test Specimens exceed 0.400 OD, the assay should be repeated. If the absorbance value of the Specimen Diluent Blank, when it is used, exceeds 0.200 OD, the assay should be repeated.

If the Specimen Blank absorbance value obtained for any given patient Specimen exceeds 0.400 OD, the given Specimen should be retested. If upon repeat testing, the Specimen Blank absorbance value obtained is again above 0.400 OD, the patient Specimen may be abnormal with respect to IgG (e.g., hypergammaglobulinemia). **If a more definitive explanation is needed, please contact the manufacturer**. Inappropriately stored specimens may have relatively high blanks.

3. Analysis of Positive and Negative Controls

A Positive Control and a Negative Control should be run for each analyte being tested in every assay. The Positive and Negative Control Unit values should fall within the ranges provided on the enclosed Data Sheet. If values are not in agreement with the Data Sheet the assay is not valid and the results should not be reported.

RESULTS

Calculation of Results

1. Determination of net absorbance (net Abs) values

The net Abs for each antigen well is calculated by subtracting the absorbance (Abs) value of the paired Specimen Blank well (or that of the Specimen Diluent Blank well) from the raw absorbance value of the antigen-coated well.

EXAMPLE:

A) Use of Specimen Blanks

Abs₄₅₀ for paired Specimen Blank well (Specimen #1) = 0.250

Abs₄₅₀ for antigen-coated well (Specimen #1) = 1.250

Net Abs₄₅₀ for Specimen #1 incubated in antigen-coated well = 1.250 - 0.250 = 1.000

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B) Use of Specimen Diluent Blank

Abs₄₅₀ for Specimen Diluent Blank well=0.050 Abs₄₅₀ for Specimen (Specimen #1) = 1.100

Net Abs₄₅₀ for Specimen #1=1.100-0.050=1.050

2. Calculation of autoantibody Unit activity (i.e., U/mL) Autoantibody activity is calculated as follows:

Conversion Factor = (Units/mL of Calibrator) / (Net Abs of Calibrator) Units/mL of Specimen = (Conversion Factor) x (Net Abs of Specimen)

3. The autoantibody Unit value is unique for each Calibrator; the autoantibody Units for the Calibrator are reported on the enclosed Data Sheet. The Conversion Factor for the Calibrator must be calculated each time the Calibrator is used for testing. Calculation of data can be facilitated by the use of computer software; check first that manual and computer calculations yield the same results. NOTE: Absorbance values >2.900 OD may exceed the acceptable linearity of the system and should be reported as >n Units/ml.

Limitations of the Procedure

- 1. Anti-ssDNA: Sera with abnormal levels of anti-dsDNA antibody almost invariably have abnormal levels of anti-ssDNA antibody. Thus, when anti-ssDNA activity is reported alone, without any information regarding the presence of anti-dsDNA, it should be considered as total anti-DNA antibody activity (i.e., anti-ssDNA plus anti-dsDNA). (See Interpretation of Results.)
- 2. The Positive Control and the Calibrator for a specific autoantibody may contain other autoantibodies, i.e., these reagents are not monospecific.
- **3.** The EL-ANA ProfilesTM tests should not be performed on microbially contaminated samples. These assays have been tested with serum samples only. The performance using other types of Specimens has not been determined.
- **4.** Diagnosis should not be made solely on basis of a positive test result. The data provided by the patient history and other clinical information available to the physician are essential in the diagnosis of autoimmune disease.

EXPECTED VALUES

Autoantibody Units

100 normal blood bank donors were tested. Values from a representative lot are shown below. The normal limits change very rarely and are expected to remain unchanged from lot to lot. However, see the Data Sheet for normal values for the lot being used. Values exceeding these normal limits should be considered abnormal in clinical context. See also Guide to Interpretation below.

NOTE: The absorbance values generated by the Specimen Diluent Blanks (residual signal) are generally lower than those generated by Specimen Blanks. This is due to the fact that in the Diluent Blank, the residual signal is generated by the presence of residual Enzyme Conjugate; whereas in the Specimen Blank, the residual signal is due to the residual Enzyme Conjugate plus the residual human immunoglobulins. The latter is variable from patient to patient, particularly in patients with autoimmune diseases. Obviously, only relatively low autoantibody levels are affected by this difference in blanks. However, as a result of this difference, the cut-off values for normals for anti-dsDNA and for anti-Centromere are different, depending on which type of blank is used; anti-Ribosomal Protein P has an equivocal zone with a Diluent Blank. (See Table below). (See the enclosed Data Sheet for normal values for the lot being used.)

EXAMPLE

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Antibody	Normal Values (Units/mL)	Equivocal zone (Units/mL)
anti-ssDNA	<u>≤</u> 99	100-200 U/mL
anti-dsDNA	≤ 40 IU	41-80 IU
anti-dsDNA*	<u><</u> 85 IU*	86-120 IU*
anti-Sm	≤ 89	
anti-RNP/Sm	<u>≤</u> 83	
anti-SSA	<u><</u> 91	
anti-SSB	<u><</u> 73	
anti-Histone	<u><</u> 96	
anti-Scl-70	≤ 32	
anti-Jo-1	<u>≤</u> 90	
anti-Ribosomal Protein P	<u>≤</u> 83	84-125 U/mL*
anti-Centromere	<u>≤</u> 100	
anti-Centromere*	<u>≤</u> 150*	
anti-Chromatin	<99	

*Values for tests using Diluent Blank

GUIDE TO INTERPRETATION

General

- 1. The EL-ANA ProfilesTM tests are assays that measure IgG autoantibodies at a standard dilution of 1:101.
- 2. The fluorescent ANA titer or other ANA screening methods do not predict the levels or specificity of antibodies detected by the EL-ANA Profiles tests.
- **3.** The sensitivity of the EL-ANA Profiles assays is greater than the sensitivity of double diffusion assays used to measure these antibodies. 11
- **4.** The upper limit of normal values has been defined experimentally (based on groups of 100 random blood bank donors) to include approximately the following percentiles of normals: 95% for ssDNA, RNP/Sm, SSA, and Histone, 97% for Centromere, 98% for SSB and 99% for dsDNA, Sm, Scl-70, Jo-1 and Ribosomal Protein P. Results from individual laboratories may vary with the demographics. For some of these autoantibodies a retrospective study was performed²¹ on 123 SLE patients. Out of these 123, 25 were new, untreated patients. (TABLE 1).
- **5.** The presence of multiple autoantibodies may reflect an active underlying disease process even during clinical remission.
- **6.** The antibody levels may vary significantly with change in either disease activity or therapy. Repeating the test in the same patients during the course of the disease is suggested, even during clinical remission.
- 7. The disease sensitivity calculated from data in Table 1 for the first 6 antibodies used as a panel was 87-100% (our SLE profiles type I+II+III) and the specificity 98%-100% (TABLE 1).²³

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TABLE 1. Percentage of patients with antinuclear antibodies and SLE profiles in four populations: new (untreated) SLE, all SLE patients in study, other collagen vascular diseases (CVD) and random blood bank donors (BBD).

Antibody or Profile Type	New SLE N=25	All SLE in Study* N=123	Other CVD N=100***	BBD N=100
ssDNA	100	87	3	5
dsDNA	64	54	1	1
Sm	44	42****	0	1
RNP/Sm	44	59	6	2
SSA	56	48	14	2
SSB	44	33	8	1
Histone	54	53	29	1
Sc1-70	37	35	11	1
Type I SLE	64	54	0	0
Type II SLE **	16	15	0	0
Type III SLE **	20	18	2	0
Type I+II+III**	100	87	2	0

^{*}Based on the highest value recorded during the observation of each patient.

Individual autoantibodies.

1. Anti-ssDNA and anti-dsDNA: specimens that contain only anti-ssDNA will react only with denatured DNA and specimens that contain anti-dsDNA will react with both denatured and bacteriophage (native, double stranded) DNA. Abnormal levels of anti-dsDNA with normal levels of anti-ssDNA is a rare occurrence, and in such cases anti-dsDNA is found only at low abnormal levels (<100 IU). When this inverted relationship occurs, the result should be considered to be an artifact and the test should be repeated and/or interpreted with caution.

Most SLE patients (>95%) have higher values for anti-ssDNA than for anti-dsDNA, an indication that both antibody specificities are present. The difference between the two Unit values may be taken as a rough estimate of the levels of anti-ssDNA in a Specimen. An anti-ssDNA result considered separately indicates total anti-DNA antibodies. Thus, the anti-ssDNA test may be used to screen for total anti-DNA in patient sera; Specimens found to be normal are unlikely to contain anti-dsDNA antibodies.

For correct interpretation, it is recommended that all specimens with abnormal levels of anti-ssDNA be also tested for anti-dsDNA. The test for anti-dsDNA may be done simultaneously with anti-ssDNA, or may follow an abnormal anti-ssDNA. Out of 1552 Specimens tested in a laboratory specialized in Rheumatology, 410 (26%) had anti-DNA antibodies; of these 410 patients, 67% were positive for anti-ssDNA but negative for anti-dsDNA, 33% were positive for

^{**}Types of SLE profiles: Type I (at least anti-ssDNA and anti-dsDNA); type II (at least anti-ssDNA and anti-SSA); and type III (at least anti-ssDNA and anti-SSA) or anti-dsDNA and anti-RNP/Sm.)

^{***}Patients with other collagen vascular diseases (CVD) included: 24 rheumatoid arthritis, 52 scleroderma, 17 Sjögren's, and 7 others.

^{****}This number is estimated to be as high as 52% with the use of human recombinant Sm (BB')

- both anti-ssDNA and anti-dsDNA, and 0% were positive for anti-dsDNA alone. These results also show that anti-ssDNA may be used as a screening test for anti-DNA in general (ssDNA and dsDNA).
- **2.** Presence of abnormal levels of <u>anti-ssDNA</u> without anti-dsDNA may result from a chronic inflammatory process. Abnormal levels of anti-ssDNA together with abnormal levels of anti-SSA or anti-RNP/Sm strongly suggest SLE. The levels of anti-ssDNA are much higher in patients with active SLE than in those with inactive SLE. Although less specific for SLE than anti-dsDNA, anti-ssDNA appears to be a good indicator of response to therapy.
- **3.** A subset of patients may be positive by <u>EL-dsDNATM</u>, but negative by *Crithidia luciliae* (CL) immunofluorescence. This may be due to the presence of antigenic determinants in dsDNA that are not well exposed in *C. luciliae* kinetoplast.
- **4.** Testing for anti-Sm and anti-RNP/Sm for diagnostic purposes should be done simultaneously. Abnormal levels of both anti-Sm and anti-RNP/Sm indicate that both antibody specificities are likely present. In this situation, almost invariably the anti-RNP/Sm levels are higher than the levels of anti-Sm, which is suggestive of SLE (antibodies to Sm are very unlikely to be detected in isolation). When anti-RNP/Sm is abnormal and anti-Sm is normal, the antibody is likely to be directed only against RNP. The numerical difference in Units between positive results in both anti-RNP/Sm and anti-Sm may be used as a gross estimate of the levels of anti-RNP. The presence of high levels of anti-RNP/Sm in the absence of other autoantibodies suggests MCTD. If anti-Sm is present without anti-RNP/Sm, the test should be repeated and the result should be interpreted with caution and in clinical context.
- **5.** Anti-SSA and anti-SSB: Anti-SSA may be found in some patients with a low titer or negative fluorescent ANA test. ¹³ Anti-SSA and anti-SSB are found in Sjögren's syndrome and SLE.
- **6.** Anti-Scl-70 antibody is found in patients with Scleroderma and at relatively low levels in about 35% of patients with active SLE (TABLE 1). 23
- 7. Anti-Histone antibody anti-Histone antibody levels are generally lower in idiopathic SLE than in drug-induced lupus. The absence of other autoantibodies such as anti-dsDNA, anti-Sm, etc. may differentiate an idiopathic SLE profile from a drug-induced SLE profile.¹⁴ The presence of antibodies to ssDNA and Histone without other antibodies (anti-dsDNA, -Sm, -RNP, -SSA and -SSB), increases the likelihood of drug-induced lupus erythematosus.¹⁵
- **8.** Anti-Jo-1, directed toward histidyl-tRNA synthetase, is found in a subset of patients with polymyositis, dermatomyositis, or myositis with another rheumatic disease. The presence of this antibody is associated with interstitial lung disease. ¹⁸
- **9.** Anti-Ribosomal Protein P showed >99% specificity based on 100 random blood bank donors. Published data suggest that anti-RPP is found more frequently in patients with active SLE, often with psychiatric manifestations, and decreases with effective treatment. However, we have not verified these observations with our studies.
- 10. Anti-Centromere antibodies by ELISA with CENP B as antigen showed 97% specificity based on 100 blood bank donors. This autoantibody was found in 2-6% of patients with rheumatoid arthritis (N=50) and in 4-8% of SLE patients (N=50)(data on file), mostly at slightly above normal levels²⁰, and when a Specimen Diluent Blank was used (data on file). These antibodies were found in 48-50% of patients with limited scleroderma and in 5-9% of patients with diffuse scleroderma²⁰ (data on file).
- 11. Anti-Chromatin antibodies are detected with high frequency in SLE and in drug-induced LE, but with relatively low frequency in other autoimmune diseases. Anti-Chromatin antibodies are reported to be valuable indicators of disease activity^{21,22}. For drug-induced lupus, the sensitivity reported in some studies is as high as 100%.²¹ In a random sampling of SLE and drug-induced lupus specimens (active and inactive patients), we found 68% and 48% positive, respectively, for anti-Chromatin antibodies. None of the 100 random blood bank donors were positive for anti-Chromatin antibodies and only 6% of specimens from patients with rheumatoid arthritis were positive (data on file).

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12. One or more of these autoantibodies may be present in some healthy donors at the time of testing. Relatives of patients with autoimmune disease have also been found to have such autoantibodies. However, the presence of anti-dsDNA in healthy donors is unlikely and the test should be repeated or the patient carefully investigated.

PERFORMANCE DATA

Intra-assay Precision (Within-Run, Intraplate)

Intra-assay precision was determined by replicate tests [12-20 replicates in a single run (plate)] of Calibrators and 3 Specimens known to contain one or more of the 12 autoantibodies of interest. The Coefficients of Variation (CV) are shown below.

Inter-assay Precision (Between-Run, Interplate)

Inter-assay precision was determined by replicate tests [5-20 separate runs] of Calibrators and 3 Specimens known to contain one or more of the 12 autoantibodies of interest. Coefficients of Variation (CV) are provided below (TABLE 2).

TABLE 2: Intra- and Inter-assay precision.

	Coefficients of Variation	
Antigen	Intra-assay	Inter-assay
ssDNA	<10%	<10%
dsDNA	<10%	<10%
Sm	<10%	<10%
RNP/Sm	<10%	<10%
SSA	<10%	<10%
SSB	<10%	<10%
Scl-70	<10%	<10%
Histone	<10%	<10%
Jo-1	<10%	<11%
Ribosomal Protein P	<10%	<10%
Centromere	<10%	<10%
Chromatin	<10%	<12%

Antigen Specificity

Sera known to contain antibodies against one or more of the 12 autoantigens were mixed with a single autoantigen and incubated in wells coated with that autoantigen. The percent inhibition of binding by the solution-phase antigen (relative to untreated sera) is shown below.

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TABLE 3: Antigen specificity.

Antigen	% Inhibition
ssDNA	81 ^a
dsDNA	70
Sm	81
RNP/Sm	93 ^b
SSA	74
SSB	84
Sc1-70	78
Histone	95
Jo-1	90
Ribosomal Protein P	78
Centromere	73
Chromatin	95

^{a.}Average percent inhibition by both ssDNA and dsDNA.

When SLE sera containing both anti-ssDNA and anti-dsDNA antibodies are tested, soluble denatured DNA (ssDNA) added to the SLE sera inhibits the reaction with both dsDNA or ssDNA antigen coated on plastic wells. However, dsDNA antigen in solution inhibits only the reaction with solid phase dsDNA but not the reaction with solid phase ssDNA. ¹¹ Thus, denatured DNA contains both dsDNA and ssDNA antigenic determinants, whereas bacteriophage DNA used as the source of dsDNA contains only dsDNA determinants.

The antigen specificity was also confirmed with an anti-dsDNA standard (200 IU) from the World Health Organization (WHO) and with all available Positive Control sera from the Centers for Disease Control and Prevention (CDC), Atlanta, Georgia, USA.¹¹ A representative test run for each of these Specimens is presented below (TABLE 4):

TABLE 4: Representative results for reference positive control samples.

Test Sample	Normal Range (U/mL)	Units Found (U/mL)
Anti-dsDNA (WHO)	0 - 40	186 IU
Anti-dsDNA (CDC)	0 - 40	708 IU
Anti-Sm (CDC)	0 - 90	18,723
Anti-RNP (CDC)	0 - 83	23,800
Anti-SSA (CDC)	0 - 91	1,000
Anti-SSB (CDC)	0 - 73	29,916
Anti-Scl-70 (CDC)	0 - 32	240
Anti-Jo-1 (CDC)	0 - 90	1,217
Anti-Centromere (CDC)	0 - 100	434

Antigen specificity is verified based on a panel of specimens selected to contain high levels of antibodies of limited and defined specificity. The specimens are tested for reaction with each antigen-coated well in a panel of 12 (ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70 , Jo-1, RPP, Centromere and Chromatin). They react strongly (high absorbance) with all antigen coated wells as follows: anti-ssDNA with ssDNA only, anti-dsDNA with dsDNA and ssDNA only, anti-Sm with Sm and RNP/Sm only, anti-RNP with RNP/Sm only, anti-SSA with SSA only, anti-SSB with SSB only, anti-Histone with Histone only, anti-Scl-70 with Scl-70 only, anti-Jo-1 with Jo-1 only, anti-RPP with RPP only and anti-Centromere with Centromere only. Anti-Chromatin reacts with Chromatin and may also react with dsDNA, ssDNA, and with Histone, as would be expected.

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b. Average percent inhibition by both Sm and RNP/Sm.

TROUBLESHOOTING

Problem	Possible Causes	Solution
Control values out of range.	1. Incorrect temperature, timing or pipetting; reagents not mixed.	1. Check that temperature was correct. Check that time was correct. See "Poor
	or pipetting, reagents not mixed.	Precision" (below) No. 2-4. Repeat test.
	2. Cross-contamination of	2. Pipette carefully.
	Controls.	1
	3. Improper dilution.	3. Repeat test.
	4. Optical pathway not clean.	4. Check for moisture or dirt. Wipe bottom of wells and reread.
	5. Wavelength of filter incorrect.	5. Change filter to 450 ± 5 nm.
	6. Specimen Diluent Blank >0.2	6. Check for contamination of Chromogen or Conjugate solution.
	7. Chromogen Blank > 0.15 (if used)	7. Check for contamination of Chromogen.
All test results negative.	One or more reagents not added, or added in wrong	1. Recheck procedure. Check for unused solutions. Repeat test.
	sequence. 2. Improper dilution of Wash Buffer.	2. Repeat test.
	3. Antigen coated plate inactive.	3. Check for obvious moisture in unused
		wells. Rerun test with Controls only to check
		for activity.
All test results yellow; scattered	1. Contaminated Chromogen.	1. Check absorbance of unused Chromogen.
Poor precision.	2. Contaminated	2. Check all solutions for turbidity.
	buffers/reagents.	
	3. Wash Buffer (1X)	3. Use clean container. Check quality of
	contaminated.	water used to prepare buffer.
	4. Improper dilution of serum.	4. Repeat test.
	5. Contaminated pipette	5. Use plugged tips for Chromogen
	1. Pipettor delivery CV greater	1. Check calibration of pipettor. Use
	than 5%.	reproducible technique.
	2. Serum or reagents not mixed	2. Mix all reagents gently but thoroughly and
	sufficiently; reagents not at room temperature prior to addition.	equilibrate to room temperature.
	3. Reagent addition taking too	3. Develop consistent uniform technique and
	long; inconsistency in timing	avoid splashing or use multi-channel device
	intervals, air bubbles.	or autodispenser to decrease time of reagent addition.
	4. Air currents blowing over	4. Cover plate or place in chamber.
	plate during incubations.	
	5. Optical pathway not clean.	5. Wipe bottom of plate with soft tissue. Check instrument light source and detector
	6. Instrument not equilibrated	for dirt. 6. Check instrument manual for warm up
	before readings were taken.	procedure.
	7. Washing not consistent;	7. Use only acceptable washing devices.
	trapped bubbles; liquid left in	Lengthen timing delay on washing devices.
	wells at end of wash cycle.	Check that all wells are filled.
	8. Improper pipetting.	8. Avoid air bubbles in pipette tips.

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(GB)(USA)(CDN) Consult instructions for use (D)(A)(B)(CH) Bitte Gebrauchsanweisung einsehen (F)(B)(CH)(CDN) Consultez la notice d'utilisation (I)(CH) Consultare le istruzioni per l'uso (E) Consulte las instrucciones de utilización (P) Consulte as instruções de utilização (NL) Raadpleeg de gebruikaanwijzing (DK) Se brugsanvisningen (S) Läs anvisningarna före användning

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Abbreviated Test Procedure EL-ANA ProfilesTM

- 1. ANA/4, ANA/7, ANA/9 and Single Antigen Kits (ssDNA, dsDNA, Sm, RNP/Sm, SSA, SSB, Histone, Scl-70, Chromatin, Jo-1, Ribosomal Protein P, and Centromere Kits)—Dilute Controls and Specimens 1:101 with Specimen Diluent.
- 2. Pipette 100 μ L of Calibrator(s), diluted Controls, and diluted Specimens into appropriate wells (see Data Sheet for configuration).
- 3. Incubate for 30-35 minutes at room temperature (18-25°C).
- 4. Wash the wells three times with 1X Wash Buffer.
- 5. Add 100 µL IgG Enzyme Conjugate (Tracer) to each well (except Chromogen Blank wells).
- 6. Incubate for 30-35 minutes at room temperature $(18-25^{\circ}C)$.
- 7. Wash the wells three times with 1X Wash Buffer.
- 8. Add 100 µL Chromogen to each well.
- 9. Incubate for 15±1 minutes at room temperature (18-25°C).
- 10. Add 100 µL Stop Reagent to each well.
- 11. Read the absorbance at 450 nm, reference 620-690 nm within 30 minutes.



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